



LAWRENCE YOUTH FOOTBALL, INC.
Organizational Bylaws & Official Rules & Regulations
September 29, 2014

ORGANIZATIONAL BYLAWS

ARTICLE I - Name

The name of this organization shall be Lawrence Youth Football, Inc. (LYF).

ARTICLE II - Purpose

The purpose of this organization shall be to provide training, guidance and leadership. We will teach sportsmanship and basic fundamentals in the sport of football.

ARTICLE III - Membership

Section 1 - Membership in the organization shall consist of two (2) voting members from each team. These two members shall be announced by each team at the beginning of each meeting.

Section 2 - There shall be no membership dues.

ARTICLE IV- Executive Board

Section 1 – The Executive Board shall be the ruling and governing body, and all decisions by the Board at its discretion, may elect to present certain matters to the general membership for consideration without relinquishing its final authority.

Section 2 - The Executive Board shall consist of five (5) board members: President, Vice-President, Secretary/Treasurer, Equipment and Public Relations Officer.

a. The President shall be the Chief Executive of the league, charged with the duty of supervising all of its functions, subject to the order of the Executive Board. He shall be ex officio a member of all committees.

b. In the President's absence, the Vice-President shall perform the duties of the President, He shall act as chairman for all fund raising activities and also perform such other functions as the Executive Board may assign.

c. The Secretary shall conduct the correspondence of the league, issue notices of and keep minutes of all meetings of the league, be custodian of the records, keep the roll of all members and discharge such other duties as may be assigned by the Executive Board or the President.

d. The Treasurer shall have the care and custody of all the funds and property of the league, which shall be disbursed by him only upon the order of the Executive Board or the President. He shall submit a report for the preceding year at the annual meeting at the conclusion of each season and shall render special reports when requested by the Executive Board. No later than December 31st of each year, the financial records of the league shall be turned over to a CPA (as designated by the Board) for audit and for the filing of any necessary tax returns and/or information returns.

e. The Public Relations Officer shall handle all duties as the Executive Board may assign. The Equipment Officer shall handle all of the Leagues Equipment and shall handle additional duties as the Executive Board may assign.

Section 3 - No fewer than four (4) meetings shall be held each year by the Board.

Section 4 - A quorum for conducting the business of the Executive Board shall not be less than 3 members of the Board.

Section 5 - All decisions made by the Board shall require approval of 3/5 of the Board.

ARTICLE V - Meetings

Section 1 - There shall be a minimum of three (3) meetings per year. Two (2) of these meetings shall be held for the purposes of setting up the new season and establishing fund raising projects for the year. The third required meeting shall be at the conclusion of the season for the purpose of election of Officers. Such meetings shall require written notification of each team at least one (1) week prior to the meeting.

Section 2 - Special meetings may be called by the President or the Board. Such meetings shall require notification of each team at least three (3) days prior to the meeting.

Section 3 - A quorum for conducting business of a regular or special meeting of the membership shall not be less than majority empowered to vote.

Section 4 - All meetings (Board and General) shall be recorded as minutes. A summary of such minutes shall be documented. These minutes shall be retained indefinitely.

Section 5 - The accounting period shall run from January 1 through December 31.

ARTICLE VI – Sponsorships/Fundraisers

Section 1 - Any and all sponsors shall be considered by league. All general donations to LYF inc. shall be dispersed for the betterment of all teams.

Section 2 - All agreements with fundraising organizations shall be subject to written contract signed by League President or his representative as designated by the Board.

ARTICLE VII - Insurance

All league insurance coverage shall be subject to annual review by the Board. The automatic renewal of any insurance coverage without such approval of the Board is prohibited.

ARTICLE VIII - League Board and Membership Discipline

Section 1 - Charges of dishonesty and or working against the principles and purposes of the organization may be filed in a written statement Signed by five (5) Coaches and/or parents and sent to the Executive Board.

Section 2 - The accused member shall be notified in writing of the action and shall have the privilege of being present at a special or regular meeting of the Executive Board, at which the charges will be considered and presented to the voting membership.

Section 3 - The member may be suspended or expelled by a 3/4 vote of the voting membership.

ARTICLE IX - Amendments

The bylaws may be amended or revised by an affirmative vote of three-fourths (3/4) of

the voting members of the organization. Copies of proposed amendments shall be given each member at least two (2) weeks prior to the meeting.

ARTICLE X - Dissolution

Upon the dissolution of this organization, the Board of Trustees shall, after paying or making provision for the payment of all the liabilities of this organization, dispose of all of the assets of this organization exclusively for the purpose of this organization in such manner, or to such organization or organizations organized and operated exclusively for charitable or educational purposes as shall at the time qualify as an exempt organization or organizations under the Kansas Corporation Code, as the Board of Trustees shall determine.

OFFICIAL PLAYING RULES AND REGULATIONS

ARTICLE I – General

Section 1- The following rules shall apply to all Lawrence Youth Football league games. The League Board will be the ruling and governing body, and all decisions by the Board will be binding to all parties.

ARTICLE II – Registration/Rosters

Section 1- A player is ineligible to participate in the program, including practice, unless he/she is registered with the League Board. Registration means that the player and parent/guardian have filled out and signed the player agreement form, and said form is on file with the League Board for purpose of identification and eligibility of game participation.

Section 2- Each Player will be assessed a fee, payable at the time of equipment check-out. The assessment will be used for insurance, uniform and equipment maintenance, and other incidentals. Full payment of the fees to the Board is the responsibility of the head coach. Scholarship option through the league fund-raiser is available to all players.

Section 3- Coaches must turn in an official roster on Wednesday prior to the league's first scheduled game. Rosters must include: Jersey Number, Name and designation of A, B, C, D or 7th team player. Failure to comply will result in loss of Toy Bowl Point for each day thereafter not turned in. LYF has official weight on file for each player and is available within a reasonable time upon request by coaches.

Section 4- Each team is allowed a maximum of 3 player moves with approval of the League Board. Player moves should be up and should match player ability and skill level.

Section 5- All roster changes must be turned in to the league Secretary by Wednesday prior to Sunday game. The league Secretary will notify all coaches of such changes. Failure to comply will result in ineligibility of player in question for that game and each game player move is not filed.

Section 6- For the purposes of post season play, all rosters will be frozen after the fourth (4th) week of league play.

ARTICLE III- Coach Discipline

Section 1- Charges of dishonesty and/or working against the principles and purposes of

the organization and its rules and regulations may be filed in a written statement signed by five (5) coaches and/or parents and sent to the Executive Board.

Section 2- The accused coach shall be notified in writing of the action and shall have the privilege of being present at a special or regular meeting of the Executive Board, at which the charges will be considered and presented to the Executive Board.

Section 3- The coach may be suspended, reinstated or expelled by a three-fourths (3/5) vote of the Executive Board.

Section 4- Any coach, player or fan who is disqualified from two (2) league games shall be considered suspended indefinitely.

Section 5- Any coach, player or fan ejected for any reason will be suspended for the following game also. Suspension will prohibit ejected from attending LYF games in any capacity, at any location. Any coach, player or fan who knowingly defies this rule will subject his/her team to possible forfeiture of said game or games.

ARTICLE IV - Membership

Section 1- Lawrence Youth Football consists of Lawrence and Topeka area teams and (4) 7th grade Lawrence teams.

Section 2- All teams participate under the Bylaws and Rules and Regulations of Lawrence Youth Football, Inc.

ARTICLE V – Eligibility

Section 1- All players in the program must be at least seven (7) years and have completed first grade and must not be thirteen (13) years old nor have completed the sixth grade by August 1st of the current season. 7th grade football will be available to these players in addition to the players currently enrolled in the 7th grade.

Section 2- A player may transfer to another team after the first game with league.

Section 3- A team may forfeit all contests in which an ineligible contestant has participated. Each head coach and his/her staff are responsible for the eligibility of his/her own participants. All ineligible players and all adults who allow them to compete will be liable, at the discretion of the League Board, to suspension.

ARTICLE VI – Practices

Section 1- Ten (10) hours of practice are required. These practices are to be limited to conditioning and exercising without equipment except for helmets and mouth pieces. All players must have completed 10 hours of conditioning prior to working out with pads.

Section 2- Two (2) weeks prior to the first game, six (6) two-hour each week will be allowed. (Maximum: 24 hours.) No 2-a-day practices will be allowed.

Section 3- All teams will start practice with equipment during the same week.

Section 4- A total of ten (10) hours (five @ two hours per day) of practice per week will be allowed after the first game. These practices will include calisthenics and drills.

ARTICLE VII - Rules of Competition

Section 1- High school rules in the State of Kansas are to be followed in all contests with the exceptions as stated in the league rules and regulations.

Section 2- When it becomes necessary to postpone a contest for any legitimate reason, it is the responsibility of a team representative to contact the League Board as well as the

other team at least twenty-four (24) hours in advance of the scheduled date thereof, and postponements shall be effective only upon agreement of the representatives of both teams and the League Board. The coaches or team representatives are the only persons who shall be qualified to request postponement.

Section 3- Unless otherwise noted, forfeit time will be fifteen minutes after scheduled starting time. A team that waits past the forfeit time for its opponent may not use lateness as a ground for protesting the results.

Section 4- If a team drops out of the league, games played by such a team will be treated as follows:

- a. Completed rounds of scheduled games will stand as played (this includes forfeitures).
- b. Should a team drop out before completing a round, the opposing team will be declared the victors for that game. Toy Bowl Point deductions will be retained as acquired.

ARTICLE VIII - Equipment

Section 1- Equipment shall be furnished by the league and maintained by each team. Standards of the National Federation shall be followed.

Section 2- Purchases of equipment shall be controlled through the purchasing agent designated by the League Board.

Section 3- Game ball will be provided by the league for all league games. When the officials determine a back-up ball is needed because of weather conditions, ball will be provided by team on Offense.

Section 4- All logo or decals shall be a type such as Pro-Tuff or equal material.

Section 5- Logos will be removed by teams placing them on helmets prior to returning in of equipment. Failure to remove all logos and decals is considered returned in not good shape and is subject to additional cleaning charge.

Section 6- All logos or names placed on equipment and uniforms worn in LYF competition is subject to Board approval. LYF reserves its right to require good taste and sportsmanship at all times.

ARTICLE IX - Games

Section 1- The schedule will be set up as early as possible prior to the first game.

Section 2- It is required that each team be accompanied to all competition by a coach or other adult supervisor who will be responsible for the team's conduct. Any team not abiding by this rule will forfeit or reschedule the game at the discretion of the League Board.

Section 3- The home team coaches will be responsible for chains and yard markers. Both are to be placed at the designated drop-off location immediately after the completion of their last game.

Section 4- Two (2) referees will be used in all league games. In addition, a third official may be used for the purpose of new official development and training.

Section 5- Each team is responsible for clean-up of its own sideline. Toy Bowl points - One (1) per week can be deducted in the event of repeated nonconformity.

ARTICLE X - Protests

Section 1- Protests must be submitted to the League Board prior to the completion of contest. Judgment calls are not subject to protest.

Section 2- The protest must be submitted by the coach. A non-refundable \$25.00 Protest Fee is required at time of Protest. If Protest is found to be valid, fee will be returned.

Section 3- Protest will be determined on the spot if facts are available. If not available, a decision will occur with available facts no later than 48 hours. All Parties will act professional and their actions will be held responsible by LYF.

Section 4- By the very fact of submitting a protest, the protesting group agrees to abide by the decision of the LYF Executive Board.

ARTICLE XI - Weights

Section 1- All players must be weighed in by the Board President or by his/her representative before the season starts. The weight as recorded by his/her representative is final. This weigh-in will occur at Official Checkout. Date and time will be determined each season.

All Players over the weight will receive a sticker on their helmet.

This declares ball carriers from non ball carriers. The official weight is determined prior to the first game and will be certified for the length of the season.

ARTICLE XII -The Toy Bowl

Section 1- Toy Bowl selection will be determined by Toy Bowl points. Toy Bowl points will consist of:

Win = 10 pts.

Loss =5 pts.

Flagrant unsportsmanlike (Coach, Player or Fan) = Deduction of Point per each.

REFEREES

We will enforce a no-tolerance rule for unsportsmanlike conduct of any kind. Only the head coach from each team is allowed to request a Conference regarding a conflict with an official. If the head coach has a question regarding a rule interpretation, he may ask for a conference with the official.

Any abuse of this policy will result in a *Delay of Game* penalty enforced on the team requesting the conference.

Judgment calls may NOT BE CONTESTED.

Any person or persons can and will be ejected from the complex if any flagrant abuse is committed. Players and or parents who commit any flagrant acts toward officials will be ejected and not allowed to return for any further games.

Each Head Coach is responsible for the actions of the assistant coaches, players and spectators/fans for their own team.

FANS

Coaches are responsible for the actions of their spectators/fans. Please tell your spectators/fans they are not to enter the Field of play at any time and are not to show unsportsmanlike conduct toward the officials or opposition.

GAME RULES

High School Federation Rules will apply.

All players who are over the ball carrying weight as listed under each age group, cannot line-up in the backfield on Offense.

Over ball carrying weight players are ineligible to receive a pass on Offense.

Over ball carrying weight players must be in a down lineman position on Offense.

(Interpretation: Over ball carrying weight player down lineman is in box, may be uncovered, but still ineligible to receive pass.)

There are NO weight restrictions on Defense

BALL SIZE

Grades 3rd, 4th, 5th K-2/Pee Wee or Junior Size ball

Grades 6th TDJ size ball

Grades 7th Intermediate size ball

GAME TIME

There will be four (4) eight (8) minute quarters and a ten (10) minute half in each game.

SCORING FOR ALL GRADES = FEDERATION SCORING

Touchdown	6
Extra Points:	
Run	2
Pass	2
Kick	1

High School Federation OVERTIME RULE WILL APPLY (Any questions, Please ask White Hat or Official.)

2ND & 3RD GRADE

In the 3rd grade, there will be no kick-offs or punts allowed. To start the game and the 3rd quarter, the ball will be placed on the 20 yard line. After each score, the ball will also be placed on the 20 yard line. All punts will be 35 yards from the line of scrimmage or half the distance to the goal inside the 40 yard line. Two coaches will be allowed on the field per 3rd grade team. No rushing the punter or kicker will be allowed. Weight restrictions are not considered on defense at any position. All defensive players are allowed to recover fumbles and intercept passes. Only players meeting weight requirements can advance fumbles or interceptions. Only players who are eligible to advance the ball on offense are allowed to receive and return punts or kickoffs. If a player who is not allowed to advance the ball on offense receives the ball on a kickoff, the ball will become dead at the spot of possession.

Coaches that are allowed on the field during plays are to assume a silent position outside of the hash marks once the quarterback is “under center” and ready for signals. Coaches are strictly prohibited from calling plays after the quarterback is “under center” and are not allowed to instruct in any way during the play. Coaches should, in general, move away from the play and not be a part of the play in any way. It is solely up to the official to determine if the coach is following the rule. Penalty will be 15 yards unsportsmanlike after first warning.

4TH GRADE

In the 4th grade, there will be no kick-offs or punts allowed. To start the game and the 3rd quarter, the ball will be placed on the 20 yard line. After each score, the ball will also be placed on the 20 yard line. All punts will be 35 yards from the line of scrimmage or half the distance to the goal inside the 40 yard line. One coach will be allowed on the field per 4th grade team. No rushing the punter or kicker will be allowed. Weight restrictions are not considered on defense at any position. All defensive players are allowed to recover fumbles and intercept passes. Only players meeting weight requirements can advance fumbles or interceptions. Only players who are eligible to advance the ball on offense are allowed to receive and return punts or kickoffs. If a player who is not allowed to advance the ball on offense receives the ball on a kickoff, the ball will become dead at the spot of possession.

Coaches that are allowed on the field during plays are to assume a silent position outside of the hash marks once the quarterback is “under center” and ready for signals. Coaches are strictly prohibited from calling plays after the quarterback is “under center” and are not allowed to instruct in any way during the play. Coaches should, in general, move away from the play and not be a part of the play in any way. It is solely up to the official to determine if the coach is following the rule. Penalty will be 15 yards unsportsmanlike after first warning.

5TH GRADE

No COACHES will be allowed on the field.

No rushing of the punter is allowed.

During a punt, Defense must have six (6) down linemen on the line of scrimmage.

Over ball carrying weight players must be in a down lineman position on Offense. (Interpretation: Over ball carrying weight player down lineman is in box, may be uncovered, but still ineligible to receive pass.)

All defensive players are allowed to recover fumbles and intercept passes. Only players meeting weight requirements can advance fumbles or interceptions. Over ball carrying weight players are allowed to play anywhere on Defense.

6TH GRADE

No COACHES will be allowed on the field.

Over ball carrying weight players must be in a down lineman position on Offense. (Interpretation: Over ball carrying weight player down lineman is in box, may be uncovered, but still ineligible to receive pass.)

All defensive players are allowed to recover fumbles and intercept passes. Only players meeting weight requirements can advance fumbles or interceptions. Over ball carrying weight players are allowed to play anywhere on Defense.

7TH GRADE

No COACHES will be allowed on the field.
There are NO weight restrictions for this grade level.

TIEBREAKERS FOR POOL PLAY

- 1) Head to head.
- 2) Defensive points allowed -13.
- 3) Offensive points scored +13.
- 4) Coin toss.
- a) We go by grades first and age second.

Players must be of the proper grade, not older than the following ages on August 1 each year for the division level in which he/she expects to participate.

Division	Ball Carrying Weight	Birthday
3rd Grade	90 or less	9
4th Grade	105 or less	10
5th Grade	120 or less	11
6th Grade	130 or less	12
7th Grade	Open	13